

Protocol Starting Procedure

- ▶ **MMS** is a 22.4% solution of 80% sodium chlorite powder or flakes (NaClO₂) in water.
- ▶ **MMS1** is activated MMS. It is MMS plus an activator; when the two are mixed together they produce chlorine dioxide (ClO₂). (Activators suggested are 4% HCL or 50% citric acid)

This Protocol Starting Procedure must be completed before following protocols 1000, 1000+, 2000, or 3000. It has been found that this procedure is very necessary and often results in nothing working when this procedure is skipped. You can use MMS1, [CDH](#) or CDS for The Protocol Starting Procedure.

NOTE: Some things that Neutralize Chlorine Dioxide are: Vitamin C, any Antioxidant, Coffee, Tea, Milk, Sugar, Alcohol. (Also read [32 Reasons why MMS is not working](#))

→ FOLLOW THESE INSTRUCTIONS ←

- **The first day of the Starting Procedure drink 1/4 drop of activated MMS (MMS1) every hour for 8 consecutive hours**

Step 1. Fill a non-metallic  kitchen measuring cup with 4 fl oz (120ml) of water.

Step 2. Using an empty, clean, dry, non-metallic drinking glass, tilt the glass slightly sideways and drop 1 drop of MMS so the drop goes to the corner of the lowest part of the glass. Drop 1 drop of activator on top of the MMS drop. Shake the glass a little to mix the drops. **Note: CDH or CDS; follow directions denoted by an***

Step 3. Wait 30 seconds and then pour some of the 4 fl oz (120ml) of water into the glass with the drops. Pour that back into the measuring cup. Mix well. Now you have a 1 drop dose of MMS1 in 4 fl oz (120ml) of water.

Step 4. Pour 1 fluid ounce (30ml) from the 4 fl oz (120ml) 1 drop dose of MMS1, into a glass and drink it. You can drink it as it is, or you can add some additional water to it. **This gives you a 1/4 drop dose of MMS1.***

Step 5. Discard the remaining 3 fluid ounces (90ml). You won't be using them. **YOU MUST MAKE UP A NEW DRINK EACH HOUR.** Each MMS1 drink must be ingested within 30 seconds after making it and one should be sure to never wait more than 60 seconds after making a dose before ingesting it.

* **CDH:** add 1/4ml to water & drink. **CDS:** add 1/2ml to water & drink.

- **The 2nd & 3rd days of the Starting Procedure drink 1/2 drop of MMS1 every hour for 8 hours a day**

Step 6. Follow the same steps 1, 2 and 3 as above each hour. This time pour 2 fluid ounces (60ml) into a glass and drink it. Discard the remaining 2 fluid ounces (60ml). **This gives you a 1/2 drop dose of MMS1. ***

* **CDH:** add 1/2ml to water & drink. **CDS:** add 1ml to water & drink.

● **The 4th day of the Starting Procedure drink 3/4 drop of MMS1 hourly for 8 hours**

Step 7. Follow the same steps 1, 2 and 3 as above. Pour 3 fluid ounces (90ml) into a glass and drink it. Discard the remaining 1 fluid ounce (30ml). **This gives you a 3/4 drop dose of MMS1.*** At the end of day 4 you will have completed the Protocol Starting Procedure.

* **CDH:** add 3/4 ml to water & drink. **CDS:** add 1.5ml to water & drink.

● **The 5th day of the Starting Procedure drink 1 drop of MMS1 every hour for 8 hours**

You are now starting Protocol 1000 at 1 drop of MMS1 hourly for 8 consecutive hours. Follow P1000 instructions. See chart below for MMS1-1 Tabs, CDS & CDH dosing.

* **CDH:** add 1ml to water & drink. **CDS:** add 2ml to water & drink.

From this point, those people with cancer should progress forward to Protocol 2000.

Note: We have noticed that people who use MMS1 and activate MMS hourly, seem to have more success in restoring their health. Only use an MMS1 all-day bottle if hourly doses can't be made.

Protocol	Day	MMS1	EASY MMS Tabs	CDH	CDS
Starting	1	1/4 drop	TBD	1/4 ml	1/2 ml
Starting	2	1/2 drop	TBD	1/2 ml	1 ml
Starting	3	1/2 drop	TBD	1/2 ml	1 ml
Starting	4	3/4 drop	TBD	3/4 ml	1.5 ml
P1000 (day 1)	5	1 drop	TBD	1 ml	2 ml

Note that CDH dosing applies only to CDH made to the original McRae-Lackney recipe and CDS is 3000 ppm concentration without added MMS.

If Using **CDH**, Know That 1ml Of CDH Equals 1 Drop Of MMS1 If Ingested Into A Normal Stomach. Therefore, 1/4ml Of CDH Equals 1/4 Drop Of MMS1.

If Using **CDS**, Know That 2ml Of 3000ppm CDS Equals 1 Drop Of MMS1 If Ingested Into A Normal Stomach. Therefore, 1/2ml Of CDS Equals 1/4 Drop Of MMS1. ⤴(15 April '18)