

MMS1/2 BATH PROCEDURE

We have some bath testimonials here:

http://genesis2forum.org/index.php?option=com_kunena&func=view&catid=8&id=1951&Itemid=66#1951

You can also try MMS2 baths with one or two US tablespoons (15-30 ml) of MMS2. MMS2 is very good for skin wounds, relieves pain and heals them up quickly.

Also the dose for MMS1 baths can be increased even up to 2+ US teaspoons (10+ ml) of activated MMS1. Jim Humble recommends 30 drops (1.25 ml) activated MMS1 in the protocol below and you can increase it if it feels right.

Suggestions for Bathing in MMS2 Tub Water

MMS2 powder can be put into bath water in the amount of 1-2 tablespoons (15-30 ml). If there is itching after a bath, then too much MMS2 was used and you should reduce the dose. If you are sensitive, it might be best to start with just 1 teaspoon (5 ml) of MMS2 in the bath water, and increase by a teaspoon in subsequent baths.

Also, MMS1 and MMS2 can both be added to the same bath water for a double boost. The more sensitive you are, the more careful you should be about starting with a low dose and working your way up.

Suggestions for Bathing in MMS1 Tub Water

http://jimhumble.biz/index.php?option=com_content&view=article&id=21&Itemid=41

In addition to taking oral doses of MMS1, it is possible to absorb MMS1 through the skin directly into underlying muscle. Whereas oral doses provide ClO₂ (chlorine dioxide) gas primarily to the red blood cells, MMS1 that sinks through the skin provides ClO₂ gas directly to the liquid plasma of the blood. See Protocol 3000 also. More ClO₂ is circulated and more rapid benefits can be expected when using this bathtub strategy. Your full skin surface will be in contact with ClO₂ gas for 20 to 30 minutes.

For some people this strategy has produced a breakthrough. By soaking for 20 minutes in tub water laced with activated MMS1, people who had been unable to rise above a 7 drop (0.3 ml) oral solution were able to increase the supply of ClO₂ gas in the blood stream without nausea. Rationale? Bacteria and pathogens on or below the skin level are killed by the MMS1 and they move outward, away from the body. Most debris moves outward and floats away rather than being adrift in the blood stream. Do not neglect oral doses during your occasional tub experiences. Take at least a six drop dose just before the tub bath. Don't worry about whether you just ate - or didn't eat. Any ClO₂ losses caused by food in the stomach is minor and relatively unimportant.

Pathogens removed through the internal use of MMS1 (as when we drink it) can only get out of the body by passing to the liver and on to elimination. This works fine until you reach the (temporary) nausea barrier. Nausea indicates that MMS1 is killing more pathogens than the elimination system can handle, resulting in temporary-but-serious nausea.

Bathing in activated MMS1 water enables cleansing of pathogens that are on the surface of the skin or just under it. Cleansing at these outer levels seems to avoid overloading the internal elimination systems. Pathogens killed near the skin's surface most often move outward through the skin and float away. Do continue with normal MMS1 oral doses, of course.

1. WIPE OUT THE TUB. Otherwise the MMS1 ClO2 gas in the water will go to work on any soap scum and bathtub ring, reducing or neutralizing the ClO2 available to the body. By the second bath, the tub will be clean due to the MMS cleansing action. Put no soap or other chemicals in the water. Adding more water does not weaken the ClO2 that is being generated. Some people add 1/4 cup (60 ml) 70% concentration DMSO. (Not required, but it may assist deeper penetration of the ClO2 gas.)

2. DRAW 5 TO 8 INCHES OF HOT WATER FOR BATHING. Do not add soap, perfume, shampoo nor children's toys. The amount of water doesn't matter. It is good to drink a separate 6 or 8 drop dose as well.

3. ACTIVATE MMS1 IN A DRY CUP OR GLASS before adding to the tub water.

- Add 30 drops MMS1 to **DRY** glass (1.25 ml)
- Add 30 drops of 50% citric acid (1.25 ml) Activate/swirl 20 seconds.
OR 150 drops of 10% citric acid/lemon juice (6.25 ml) (1.25 US tsp) Activate 3 minutes.

If you have open skin sores or severe body wounds, use the following instead, so that sensations of heat or burning will be reduced. Open sores usually heal quickly due to the disinfecting action of MMS1. Plan for a 20 to 30 minute tub sitting.

- Add 20 drops MMS1 to **DRY** glass (0.85 ml)
- Add 20 drops of 50% citric acid (0.85 ml) Activate/swirl 20 seconds.
OR 100 drops of 10% citric acid/lemon juice (4.15 ml) (0.85 US tsp) Activate 3 minutes.

4. ADD THE ACTIVATED MMS1 into the tub water & stir it. Almost immediately all germs in the water will be eradicated. Some companies provide swimming pool systems that use this same strategy. Water volume does not reduce the amount of ClO2 gas that is being produced. Tub half full or very full doesn't matter, because the same amount of ClO2 gas will be produced by the activated MMS1.

5. LAY IN THE TUB. One side, then the other. Splash water onto the entire body - arms, neck, hair, face - all over. If you have a history of cold sores, then wipe tub water on the lips and nose repeatedly and wherever they were once visible. If water splashes in the eyes, just wipe it away. MMS1 doesn't harm eyes - unlike shampoo. With a cup, pour tub water onto the scalp.

6. ADD MORE HOT WATER. Heat opens the pores and MMS1 penetrates into the muscles. Massage the scalp with tub water. By the 3rd bath, skin moles may begin to crumble.

7. WIPE AWAY TUB DEBRIS when finished.

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Diseases caused by bacteria or viruses will almost always be resolved through repeated exposure to MMS1 ClO2 gas.
In the presence of ClO2, parasites and germs will flee or die.