Protocol Starting Procedure

MMS is a 22.4% solution of 80% sodium chlorite powder or flakes (NaClO2) in water.
MMS1 is activated MMS. It is MMS plus an activator; when the two are mixed together they produce chlorine dioxide (ClO2). (Activators suggested are 4% HCL or 50% citric acid)

This Protocol Starting Procedure must be completed before following protocols 1000, 1000+, 2000, or 3000. It has been found that this procedure is very necessary and often results in nothing working when this procedure is skipped. You can use MMS1, CDH or CDS for The Protocol Starting Procedure.

NOTE: Some things that Neutralize Chlorine Dioxide are: Vitamin C, any Antioxidant, Coffee, Tea, Milk, Sugar, Alcohol. (Also read 32 Reasons why MMS is not working)

FOLLOW THESE INSTRUCTIONS

• The first day of the Starting Procedure drink 1/4 drop of activated MMS (MMS1) every hour for 8 consecutive hours

Step 1. Fill a non-metallic kitchen measuring cup with 4 fl oz (120ml) of water.

Step 2. Using an empty, clean, dry, non-metallic drinking glass, tilt the glass slightly sideways and drop 1 drop of MMS so the drop goes to the corner of the lowest part of the glass. Drop 1 drop of activator on top of the MMS drop. Shake the glass a little to mix the drops. Note: CDH or CDS; follow directions denoted by an*.

Step 3. Wait 30 seconds and then pour some of the 4 fl oz (120ml) of water into the glass with the drops. Pour that back into the measuring cup. Mix well. Now you have a 1 drop dose of MMS1 in 4 fl oz (120ml) of water.

Step 4. Pour 1 fluid ounce (30ml) from the 4 fl oz (120ml) 1 drop dose of MMS1, into a glass and drink it. You can drink it as it is, or you can add some additional water to it. This gives you a 1/4 drop dose of MMS1.*

Step 5. Discard the remaining 3 fluid ounces (90ml). You won’t be using them. YOU MUST MAKE UP A NEW DRINK EACH HOUR. Each MMS1 drink must be ingested within 30 seconds after making it and one should be sure to never wait more than 60 seconds after making a dose before ingesting it.

* CDH: add 1/4ml to water & drink. CDS: add 1/2ml to water & drink.

• The 2nd & 3rd days of the Starting Procedure drink 1/2 drop of MMS1 every hour for 8 hours a day
Step 6. Follow the same steps 1, 2 and 3 as above each hour. This time pour 2 fluid ounces (60ml) into a glass and drink it. Discard the remaining 2 fluid ounces (60ml). This gives you a 1/2 drop dose of MMS1.*

* CDH: add 1/2ml to water & drink. CDS: add 1ml to water & drink.

- The 4th day of the Starting Procedure drink 3/4 drop of MMS1 hourly for 8 hours

Step 7. Follow the same steps 1, 2 and 3 as above. Pour 3 fluid ounces (90ml) into a glass and drink it. Discard the remaining 1 fluid ounce (30ml). This gives you a 3/4 drop dose of MMS1.* At the end of day 4 you will have completed the Protocol Starting Procedure.

* CDH: add 3/4 ml to water & drink. CDS: add 1.5ml to water & drink.

- The 5th day of the Starting Procedure drink 1 drop of MMS1 every hour for 8 hours

You are now starting Protocol 1000 at 1 drop of MMS1 hourly for 8 consecutive hours. Follow P1000 instructions. See chart below for MMS1-1 Tabs, CDS & CDH dosing.

* CDH: add 1ml to water & drink. CDS: add 2ml to water & drink.

From this point, those people with cancer should progress forward to Protocol 2000.

Note: We have noticed that people who use MMS1 and activate MMS hourly, seem to have more success in restoring their health. Only use an MMS1 all-day bottle if hourly doses can’t be made.

<table>
<thead>
<tr>
<th>Protocol</th>
<th>Day</th>
<th>MMS1</th>
<th>EASY MMS Tabs</th>
<th>CDH</th>
<th>CDS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Starting</td>
<td>1</td>
<td>1/4 drop</td>
<td>TBD</td>
<td>1/4 ml</td>
<td>1/2 ml</td>
</tr>
<tr>
<td>Starting</td>
<td>2</td>
<td>1/2 drop</td>
<td>TBD</td>
<td>1/2 ml</td>
<td>1 ml</td>
</tr>
<tr>
<td>Starting</td>
<td>3</td>
<td>1/2 drop</td>
<td>TBD</td>
<td>1/2 ml</td>
<td>1 ml</td>
</tr>
<tr>
<td>Starting</td>
<td>4</td>
<td>3/4 drop</td>
<td>TBD</td>
<td>3/4 ml</td>
<td>1.5 ml</td>
</tr>
<tr>
<td>P1000 (day 1)</td>
<td>5</td>
<td>1 drop</td>
<td>TBD</td>
<td>1 ml</td>
<td>2 ml</td>
</tr>
</tbody>
</table>

Note that CDH dosing applies only to CDH made to the original McRae-Lackney recipe and CDS is 3000 ppm concentration without added MMS.

If Using CDH, Know That 1ml Of CDH Equals 1 Drop Of MMS1 If Ingested Into A Normal Stomach. Therefore, 1/4ml Of CDH Equals 1/4 Drop Of MMS1.

If Using CDS, Know That 2ml Of 3000ppm CDS Equals 1 Drop Of MMS1 If Ingested Into A Normal Stomach. Therefore, 1/2ml Of CDS Equals 1/4 Drop Of MMS1. 🚩 (15 April '18)